

Internship Programs Fact Sheet at Women's Therapy Center

The Women's Therapy Center was founded in 1979 on the principle that the psychotherapy of women, by women, is deeply relational; that the teaching of psychotherapy is also relational; and that the doing, teaching and learning of this type of therapy takes place in a social context informed by principles of social justice. Our integrated curriculum for supervision and teaching reflects these values.

Two-Year Intensive Training Program

This training program is for pre- and post-degree MFT and LCSW interns, pre- and post-degree doctoral interns, and licensed therapists who want specialized training in psychodynamic, relational treatment for women. Our students are an integral part of the WTC community and participate in bi-annual Saturday retreats and agency committees. WTC offers a cohesive training program that includes:

- Weekly individual supervision from a member of the faculty
- 10 clinical hours per week
- Weekly thematically-oriented case conferences/ group supervision
- Professional development group
- A two-year didactic curriculum, focused on theory and technique of psychodynamic relational therapy within a social and cultural context

The curriculum is organized around the ideals that inform relational psychotherapy, respect for diverse cultures, and principles of social justice.

Students must be available for weekly training on Wednesdays, 9am-4pm, for this program. At the Women's Therapy Center, we believe that personal psychotherapy is a critical component of training. As a result, students must be in their own personal depth psychotherapy during the course of this program or have extensive personal depth psychotherapy experience.

Advanced Training Program (ATP)

The third year Advanced Training Program offers students specialized training focusing on therapy with couples and, to a lesser extent, working with adolescent girls. In addition, the ATP program offers the experience of working with individual adult women, and professional development guidance for transitioning into private practice. Students continue to receive substantive supervision, both individually and in case conferences. You do not need to be a graduate of our two-year internship to enroll in our Advanced Training Program.

The Advanced Training Program is appropriate for licensed and unlicensed clinicians who have had a minimum of three years of clinical practice and in-depth training. Graduates of the ATP program may take their clients with them when they leave to go to another practice setting. Students graduating from ATP have said that they feel well-prepared to enter into independent practice, armed with a solid base in both individual and couples therapy and with good practical knowledge of legal, ethical, financial, and marketing issues necessary for licensed practice.

Students must be available for weekly training on Wednesdays, 9am – 1:30pm, for this program. At the Women's Therapy Center, we believe that personal psychotherapy is a critical component of training. As a result, students must be in their own personal depth psychotherapy during the course of this program or have extensive personal depth psychotherapy experience. A stipend is available if eligibility requirements are met.

Dates to remember:

Saturday, February 9, 2008 10am-12noon Informational Open House (501 Kearney Street in El Cerrito)

Friday, February 29, 2008 Deadline for applications & first round of interviews

Friday-Sunday, March 28, 29 & 30, 2008 First round of interviews

Interviews for applications received after February 29th 2008 will be granted on a space-permitting basis.